

3 - Cover Model: Amy Pierce

Contributed by admin
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Age: 33 years old

Family history: I was born in Niagara Falls, New York. My family moved to Florida when i was 10 years old and I went to school in Lakeland, Florida. My son Skylar, twelve years old and a handsome athlete, is the sunshine of my life. He inspires me to be the best I can be in life.

Career: I am an account executive for a Fortune 200 company and have worked in the telecom industry for the past 12 years. In addition, I started my own clothing company called T-wrap clothing - geared toward women in the fitness industry.

Hobbies: I enjoy working out and practicing on the obstacle course with the Women's Tri-Fitness girls in Tampa. I enjoy the outdoors, anything athletic and daring. Anytime there is a holiday or special occasion, I enjoy entertaining and throwing festive parties with close friends and family. My son's sports - soccer, basketball, and football keeps us busy. I love being a soccer mom!

Did you have fun shooting the cover? I had a wonderful time shooting the cover. The day was spent with Coach Al Rosen, Bernadette Schimnowski, my best friend Jen Rosen, and Rick Schaff, a wonderful photographer. We shot on the cliffs by the ocean in Pacific Palisades, California. It was a beautiful experience!

What do i like about the Tri-fitness events? WOW, I am going to try and put into words what I like most about the Tri-Fitness events. I love competing with all the wonderful friends I have grown so close to over the years. The first competition I did was in 1999. The organization has helped me gain self confidence and achieve all my fitness goals. Doing things I never thought I could achieve brings me tears of happiness! I like the fact that the Women's Tri-Fitness athletes are tough; we impress and kick the men's butts when they come out and try the course. They are taken back by the talent and drive that we have on the course and away from the course. Additionally, the events inspire me and other women, men and children to be our best on and off the course!

What advice do you have to other competitors and future competitors?

I would say don't give up on your dreams. Keep practicing and pushing yourself to achieve your personal goals. Never say you can't do something. You can do whatever you put your mind and body to do. Life is short so don't put off what you can do today and wait for tomorrow. Like NIKE says: "Just do it!"